

Santa Rosa Integrative Family Medicine Fellowship Application

MISSION STATEMENT

In order to enhance the health of our patients and communities, The Santa Rosa Integrative Family Medicine Fellowship is committed to training physicians to incorporate holistic principles into the delivery of high quality and effective care to diverse and underserved populations.

PASSION STATEMENT

We are looking for a fellow who is passionate about integrative medicine and passionate about growing it with us in our residency program and with our patients.

DEFINITION

Integrative Family Medicine (IFM) is: Patient-centered care embracing mind, body and spirit in the context of one's life, family, and community, utilizing the best practices of all traditions of medicine and healing. We hold this inclusive definition to help shape the future of medicine to provide high quality, accessible, effective options to all people.

We have the following VALUES:

- **Relationship based:** Healing happens in the context of relationship.
- **Community connection:** Meeting the needs of the population we serve and advocating for wellbeing.
- **Playfulness:** Acknowledging the motivational and healing qualities of humor and play.
- **Openness:** There is no one system that has all the answers.
- **Motivation:** Working hard for positive change; willing to put in the effort it takes to bring a new idea to reality.
- **Balance:** Finding the balance between professional passion and self-care.
- **Access:** Healthcare is a universal right!
- **Effective care:** Treatments must show benefit
- **Sustainability:** Solutions must be practical in the real world
- **Wellness:** Live it, Be it, Teach it!

FELLOWSHIP DESCRIPTION

This is a skill-based fellowship with emphasis on providing access to Integrative Medicine for traditionally underserved populations in a community health center-based residency program. The Fellow engages in a mixture of educational, administrative, teaching, clinical duties and self-care. The goal is to create physicians skilled in the delivery and teaching of holistic family care while allowing personalization to meet the individual career needs of each fellow.

Upon completion of the Fellowship, the Fellow should feel competent to employ the principles of IFM in a wide variety of practice models.

APPLICATION DETAILS

Overall Application Process / Time line:

1. We accept applications from outside of the Santa Rosa Residency Program. You must have graduated or be about to graduate from an approved family practice residency and, if invited for an interview, we require a letter of support from the residency director and one additional letter of recommendation.
2. We are accepting applications starting November 1 and request your completed application by December 1.
3. Applicants will be invited for interviews in December.
4. Final Decision will be given to candidates and announced mid January.
5. Orientation Week: late August of fellowship year.
6. Targeted start date: September 1 of fellowship year.

Screening Application: 3 Parts

- Curriculum Vitae
- Journey Statement: Please describe your journey through medicine and how you envision incorporating Integrative Medicine into your career and life. (1 page essay).
- Additional Questions (Below)
 1. What modalities are you interested in learning?
 2. How do you see integrative medicine fitting into a community health center clinic?
 3. What would you imagine yourself doing during the year: learning, teaching, special projects/passions, research, etc.?
 4. How does this fellowship fit in with your career goals?
 5. Put the following list in order from 1-5 (or more, if you see fit) of your biggest passions that you would like to explore during the fellowship:
 - ___ Research (engaging in active discovery & inquiry and sharing this knowledge with others)
 - ___ Clinical application (helping create, run, and discover ways to help our patients)
 - ___ Teaching (bringing this information to the residents and to the patients in an educational model)
 - ___ Leadership (moving the entire paradigm of medical thinking in a new direction/creating change on a larger scale)
 - ___ Personal growth (my own learning and growth as an integrative practitioner)
 - ___ Other? _____

Fellowship Details:

This is a fellowship that is *open to Family Medicine Residency graduates from and approved Family Medicine Residencies only*.

This is a twelve-month long fellowship. Applicants should have completed their third year of residency by July 1 of the fellowship year and be board-eligible.

This is both a teaching and learning fellowship. As a fellow you will be part of the faculty for the Santa Rosa Family Practice Residency.

1.0 FTE fellowship position includes:

- 0.7 FTE Clinical Time: A combination of continuity clinics, out patient precepting shifts, CAM clinics, IM Clinics, Urgent care clinics and skills clinics in the Family Practice Center.
- 0.3 FTE Educational Time: for research, project planning-implementation and learning.

Additional Details:

- 20 days paid vacation
- 10 paid holidays
- 20 days away for Education Events
- UCSF Faculty Appointment
- Faculty Inpatient Medicine Call
- OB Call and In-Patient Medicine Supervision may be possible
- Salary: Competitive PGY-4 salary
- CME: \$12,000/yr
- Full Faculty Benefits: Health, Dental, Vision, Disability, Malpractice
- Orientation: late August
- Start Date: early September

Please Send Completed Screening Application (CV/Essay/Additional Questions) via email to:

Ben Brown, MD

benbmd@gmail.com

and

Wendy Kohatsu, MD

wkohatsu@gmail.com